

A vibrant photograph of a coastal town, likely Cinque Terre, Italy. In the foreground, several small, colorful wooden boats (blue, red, and white) are docked. Above them, a wooden railing is adorned with various fishing equipment, including orange lifebuoys, yellow floats, and wooden buoys. The background features a stone wall and a bright blue door. The overall atmosphere is rustic and charming.

if Tau

Tour operator
NOT TOURISTS BUT TRAVELERS

Group travels
"The MICRO-HOLIDAYS"

The CINQUE TERRE

2019

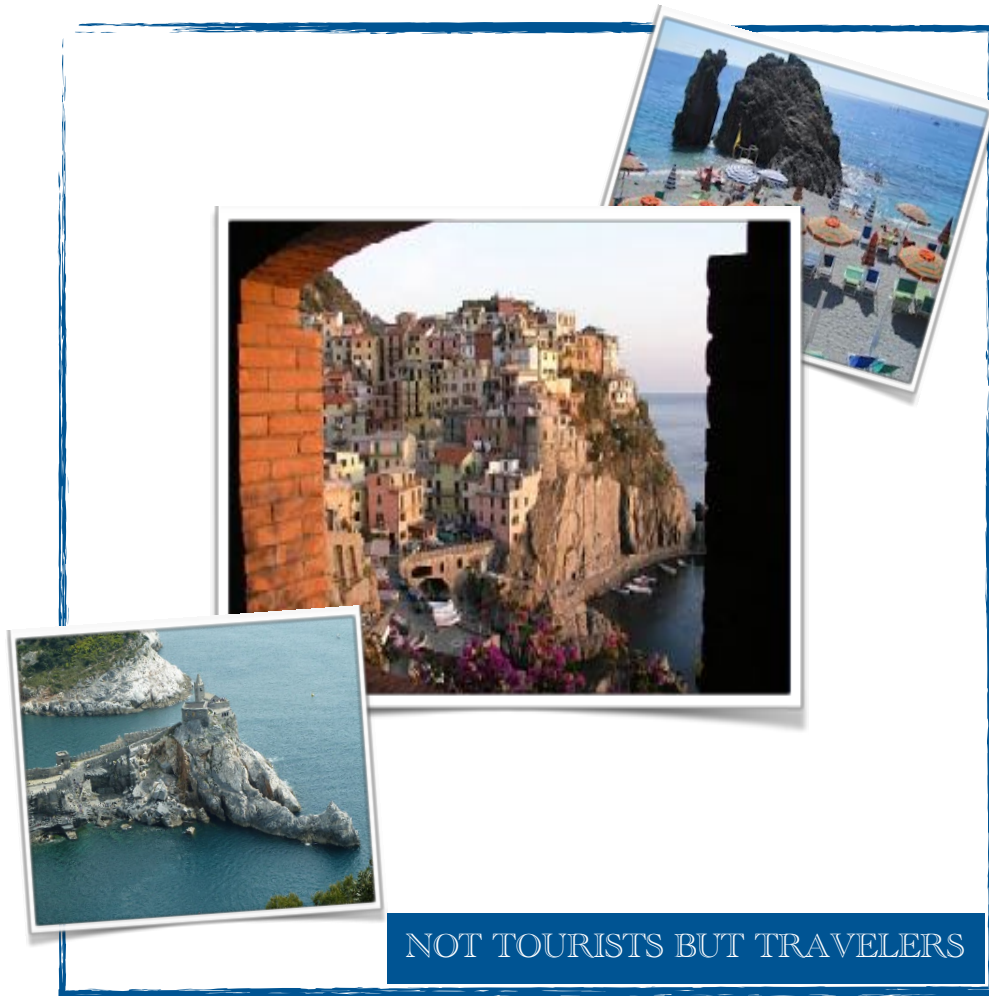
if Tau

Licensed Tour Guides for
La Spezia - Lucca, Massa-Carrara &
their Provinces

IL TAU is composed only of **licensed tourist guides** operating in the provinces of La Spezia, Lucca and Massa - Carrara.

What unites us is the desire to share the love for our land, to present a polymorphic region - rich of history and art, local products and unexpected fascinations - and not to offer cold information, but deep **knowledge** and **passion for our land**.

Let us guide you to discover the historical **Lunigiana**, let be surprised by the **marble quarries** of **CARRARA**, enjoy the Ligurian Levante, from the **CINQUE TERRE** to the Val di Vara and **Portovenere**, and discover **LUCCA** and here province on a time travel along the ancient pilgrimage routes between Romanesque churches, medieval villages, castles and ancient forests.



NOT TOURISTS BUT TRAVELERS

WELCOME IN HOLIDAY

It is the beginning of your journey searching for true and lasting emotions, firsthand enjoyed experiences and slowly relished, with your private travel expert.

The tourist decides the destination of a trip, he imagine exotic places, he wants leave the work's monotony and he dreams the relax away from home, lying hours after hours on a pool edge or on a remote beach; you can see him on the ski slopes with fashionable sunglasses and a warm Rum punch-glass in his hands, while he took pictures of children close to famous monuments or in some oriental bazaar looking for souvenirs for the friends.

The traveler is more willing and, perhaps, more humble, he's interested by the journey, not by the destination, he likes the comparison with different cultural realities and to judge it, he prefers to take pictures with the eyes and mind, he seeks experience and emotions not necessarily pleasant and relaxing but certainly unique and different.



The traveler wants to follow the paths of large and small local memories and he gladly follows who's able to show him the scent of wild herbs or the typical, true kitchen, one who knows every single stone, proverb or overview of its region; he is happy to feel himself as a part of a territory which his guide proudly shows and reveals him, he knows that he understood he didn't just seen.

If you are a traveler, is just you we are expecting.



*With a passionate and endless work, lasted for centuries, the human beings have proved how it may be possible to improve the work of Nature, transforming an extreme and wild region into an authentic corner of heaven, whose fascination and harmony are hard to equal:
the Cinque Terre.*

The sea is just the frame of the incredible beauty of the steep slopes, of the daring and unexpected vineyards, of the romantic villages which suddenly appear, plunged into a still uncontaminated nature.

To walk along the innumerable footpaths, bordered with dry-stone-walls, climbing up steep hills facing the sea, is a unique experience to realize how man's genius and work were able to subduing also the most hostile environment.

If the art must be the imitation of Nature, those visiting the Cinque Terre should not be surprising to find there a lot of artistic and architectural treasures (from the marble rose windows, elegant and delicate as lace-works to the paintings of the XIV century made by local artists) and it is not surprising that famous poets drew from this territory their inspiration and that gastronomy and wines are in harmony with the excellence of this freestanding world, still holding out against modernity and rapallization.

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the Park & the Human Being FD (1) pag. 4

the Park & the Human Being FD (2) pag. 5

Mini cruise to the 5 TERRE (1) pag. 6

Mini cruise to the 5 TERRE (2) pag. 7

the PARK & the HUMAN BEING⁽¹⁾ FD

full day tourist packages
(max. duration 7,5 hours)
with motor coach
(or other vehicles)
supplied by the customer,
available **every single day**

offers valid for groups of
30 persons at least
one free each
23 paying persons.



Meeting with the guide in **La Spezia** and transfer (by your vehicle) towards the **Cinque Terre**. Along the panoramic route, we discover from above the impressiveness of the Navy Arsenal and the related settlements, enjoying the spectacular view of the Gulf with the Apuan Alps in the background. Just the time to pull ourself together and already the Cinque Terre welcome us in their own way, forcing us to open wide the eyes and to hold the breath reaching the view of **Riomaggiore**. We feel like to go down in **Manarola**** and discover with our guide the most characteristic pathways and the Saint Lawrence church.

By train we'll reach **Monterosso**, to visit the Saint John the Bapt. church, the Mortis et Orationis Oratory and the typical hamlet, before to taste a deserved sea food lunch.

After the lunch, free&shopping time before to catch the train to **Vernazza**, the pearl of the 5 Terre, for a detailed visit of the hamlet and the S. Margaret church, before to catch again the train to reach La Spezia, where the motor coach is waiting for us. (arrive at 4:30 PM).

End of our services.

€ 45,00/person

valid for groups of 30 pax at least

The offer includes:

- 1 full day Tour guide service
- Roundtrip Cinque Terre train tickets
- 1 lunch in Monterosso

the menu

trofie (pasta) with pesto-sauce
grilled sea fish
side dishes
home made dessert
1/2 water e 1/4 wine

**** UPON REQUEST to THE LOCAL POLICE of RIOMAGGIORE and TICKET PAYMENT**

N.B: Our invoices are subject to the special laws of tourism (Art. 74-ter of Dpr n. 633/72) -DM n.340/1999 –
VAT will not be unbundled and non-deductible

the PARK & the HUMAN BEING⁽²⁾ FD

full day tourist packages
(max. duration 7,5 hours)
with motor coach
(or other vehicles)
supplied by the customer,
available **every single day**

offers valid for groups of
30 persons at least
one free each
23 paying persons.



Meeting with the guide in **La Spezia** and transfer (by your vehicle) towards the **Cinque Terre**.

Along the panoramic route, we discover from above the impressiveness of the Navy Arsenal and the related settlements, enjoying the spectacular view of the Gulf with the Apuan Alps in the background. Just the time to recover us and already the Cinque Terre welcome us in their own way, forcing us to open wide the eyes and to hold the breath reaching the view of **Riomaggiore**. We feel like to go down in **Manarola**** and discover with our guide the most characteristic pathways and the Saint Lawrence church.

At 11:40 AM navigate by ferry-boat along the wonderful stretch of coast to **Monterosso**, to visit the Saint John the Baptist church, the Mortis et Orationis Oratory and the typical hamlet, before to taste a deserved sea food lunch.

After the lunch, free&shopping time before to catch the train to **Vernazza**, the pearl of the 5 Terre, for a detailed visit of the hamlet and the S. Margaret church, before to catch again the train to reach La Spezia, where the motor coach is waiting for us. (arrive at 5:00 PM).

End of our services.

€ 50,00/person

valid for groups of 30 pax at least

- 1 full day Tour guide service
- Cinque Terre train&boat tickets
- 1 lunch in Monterosso

the menu

trofie (pasta) with pesto-sauce
grilled sea fish
side dishes
home made dessert
1/2 water e 1/4 wine

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Mini-cruise to the 5 Terre (1) FD

full day tourist packages
(max. duration 8 hours)
with motor coach
(or other vehicles)
supplied by the customer,
available **every single day**

offers valid for groups of
30 persons at least
one free each
23 paying persons.



Meeting with the guide in **La Spezia** and transfer (by your vehicle) towards the **Cinque Terre**. Along the panoramic route, we discover from above the impressiveness of the Navy Arsenal and the related settlements, enjoying the spectacular view of the Gulf with the Apuan Alps in the background. Just the time to recover us and already the Cinque Terre welcome us in their own way, forcing us to open wide the eyes and to hold the breath reaching the view of **Riomaggiore**. We feel like to go down in **Manarola**** and discover with our guide the most characteristic pathways and the Saint Lawrence church. By train we'll reach **Vernazza**, the pearl of the 5 Terre, for a detailed visit of the hamlet and the Saint Margaret church, before to catch again the train to reach **Monterosso** where we'll enjoy a deserved sea food lunch.

After the visit of Monterosso, at 4:00 PM we catch the ferry boat and, comfortably seated, we let slide in front of our eyes the hamlets and the vineyards of the Cinque Terre until **Portovenere** (arrive at 4,55 PM).

Just the time to enjoy an ice cream and we catch again the ferry boat to La Spezia (arrive around 5:40 PM) where the motor coach is waiting for us.

End of our services.

€ 56,00/person

valid for groups of 30 pax at least

- 1 full day Tour guide service
- Cinque Terre train&boat tickets
- 1 lunch in Monterosso

the menu

trofie (pasta) with pesto-sauce
grilled sea fish
side dishes
home made dessert
1/2 water e 1/4 wine

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Mini-cruise to

full day tourist packages
(max. duration 8,5 hours)
with motor coach
(or other vehicles)
supplied by the customer,
available **every single day**

offers valid for groups of
30 persons at least
one free each
23 paying persons.



the 5 Terre (2) FD

Meeting with the guide in **La Spezia** and transfer (by your vehicle) towards the **Cinque Terre**.

Along the panoramic route, we discover from above the impressiveness of the Navy Arsenal and the related settlements, enjoying the spectacular view of the Gulf with the Apuan Alps in the background. Just the time to recover us and already the Cinque Terre welcome us in their own way, forcing us to open wide the eyes and to hold the breath reaching the view of **Riomaggiore**. We feel like to go down in **Manarola**** and discover with our guide the most characteristic pathways and the Saint Lawrence church. By train we'll reach **Vernazza**, the pearl of the 5 Terre, for a detailed visit of the hamlet and the Saint Margaret church, before to catch again the train to reach **Monterosso** where we'll enjoy a deserved sea food lunch.

After the visit of Monterosso, at 4:00 PM we catch the ferry boat and, comfortably seated, we let slide in front of our eyes the hamlets and the vineyards of the Cinque Terre until Portovenere (arrive at 4,55 PM).

Guided walking tour of **Portovenere**.

Just the time to enjoy an ice cream and we catch again the ferry boat to La Spezia (arrive around 6:40 PM) where the motor coach is waiting for us.

End of our services.

€ 58,00/person

valid for groups of 30 pax at least

- 1 full day Tour guide service
- Cinque Terre train&boat tickets
- 1 lunch in Monterosso

the menu

trofie (pasta) with pesto-sauce
grilled sea fish
side dishes
home made dessert
1/2 water e 1/4 wine

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